



当地大学将彻底改变路易博士护肤作用



来自开普半岛理工大学的研究人员正在使用植物体纳米技术这一新兴领域来提高路易博士提取物的生物利用度。这些提取物用于护肤护理配方。

先前的研究指出了路易博士对皮肤细胞炎症的保护作用，这促使开普半岛理工大学应用微生物和健康生物技术研究所蛋白质组学和分子生物学高级研究员Mariska Lilly博士进一步探索。

Local University to Revolutionise Rooibos Skin Care



Researchers from Cape Peninsula University of Technology are using the emerging field of phytosome nanotechnology to enhance the bioavailability of Rooibos extracts. These extracts are intended for skin care formulations.

Previous studies that pointed to the protective effect of Rooibos against inflammation in skin cells, are what prompted Dr Mariska Lilly, senior researcher of proteomics & molecular biology at the Applied Microbial and Health Biotechnology Institute (AMHBI) of Cape Peninsula University of Technology (CPUT) to probe further.



Rooibos研究获得资金支持



南非科学和创新部(DSI)投资480万兰特，促进了关于路易博士对健康益处的科学研究。这项投资旨在开发南非最受欢迎的茶叶对本国经济的潜在价值。

南非茶协会与其支持路易博士研究的核心任务相一致，将与农业部的投资机构相匹配，使总资金达到近1000万兰特。

数百万兰特的资金将使研究人员能够更深入地研究路易博士的能力：

- 预防阿尔茨海默病，这种病会导致大脑萎缩，是痴呆症最常见的原因
- 减少氧化带来的损伤
- 预防和/或管理炎症性肠综合征
- 保护心脏免受氧化应激
- 减少变应性鼻炎(鼻过敏)
- 对抗心脏代谢疾病，如心脏病发作，中风，糖尿病，胰岛素抵抗等。

Rooibos Research gets Funding Boost



Scientific research into the health benefits of Rooibos have been boosted with a R4.8-million investment from the Department of Science and Innovation (DSI). The investment is aimed at unlocking the potential socio-economic value of South Africa's favourite tea.

Aligned to its core mandate of supporting research on Rooibos, the SA Rooibos Council (SARC) will match the Department's investment, taking the combined funding to almost R10-million.

The multi-million-rand funding will allow researchers to delve deeper into Rooibos' ability to:

- Protect against Alzheimer's disease that causes the brain to shrink and is the most common cause of dementia
- Target oxidative damage
- Prevent and/or manage inflammatory bowel syndrome
- Protect the heart from oxidative stress
- Reduce allergic rhinitis (nasal allergy)
- Counter cardiometabolic diseases like heart attacks, strokes, diabetes, insulin resistance etc.



路易博士健康心脏，抗击冠状病毒



哥伦比亚大学最近完成的一项研究发现，COVID-19对心血管疾病和高血压患者构成了重大风险，因为呼吸道疾病会给予心脏带来额外的压力。因此，心脏病患者更有可能出现COVID-19的严重症状和并发症。

根据对人类和大鼠的研究，路易博士可以通过以下方式保护心脏：

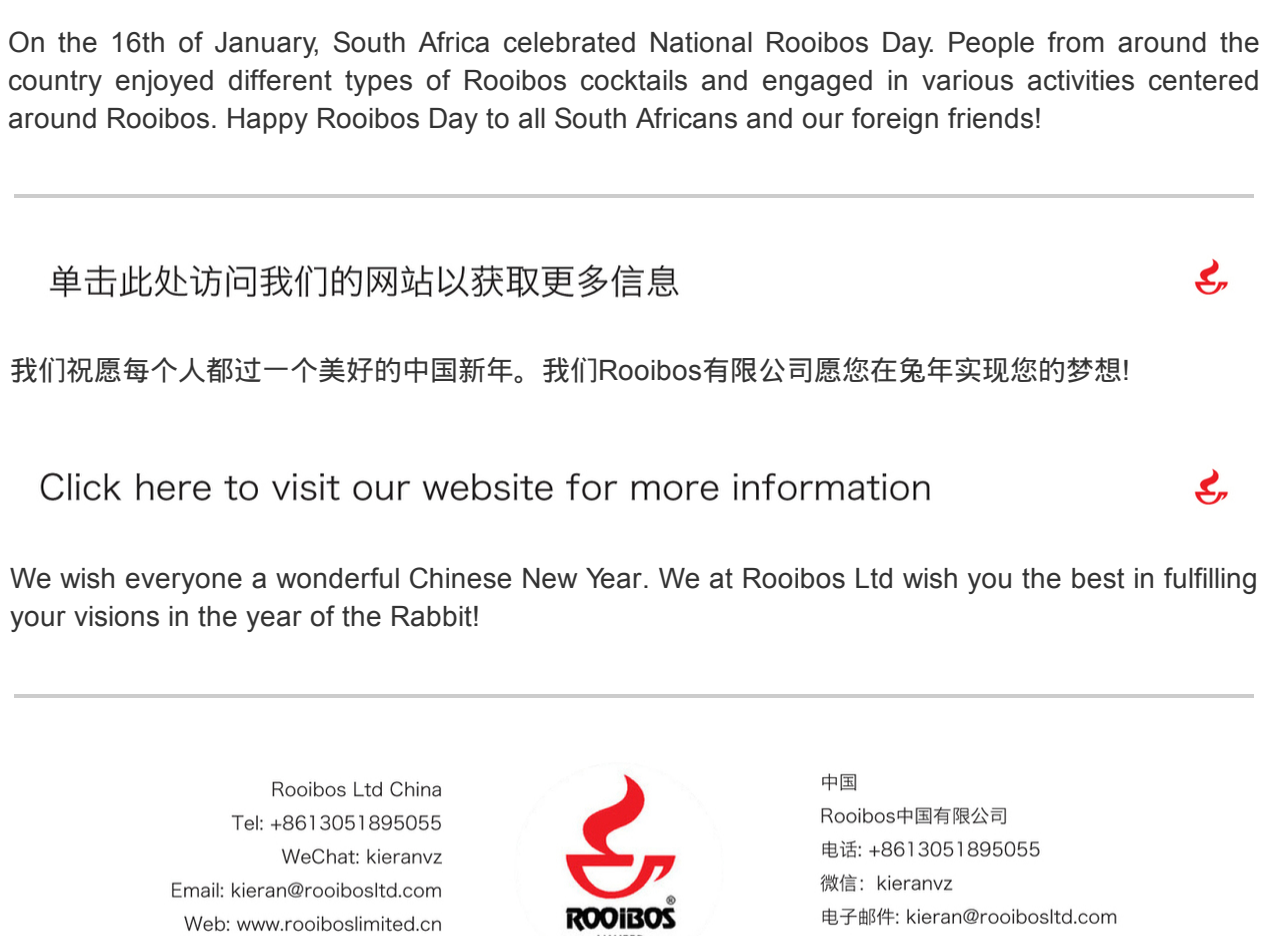
- 抗氧化剂可以防止细胞损伤，从而减少炎症
- 降低促炎反应，刺激抗炎反应
- 降低10%的血液总胆固醇水平，显著降低“坏”LDL-胆固醇水平，同时增加“好”hdl-胆固醇水
- 抑制血管紧张素转换酶(ACE)，这是导致血压升高的原因
- 减少皮质醇的产生，抵消慢性压力和焦虑。压力、焦虑和抑郁会导致心脏病，并增加患心脏病的风险
- 降低血糖水平，增加葡萄糖摄取到心肌细胞

Rooibos for a Healthy Heart, Fight Coronavirus



Based on studies in both humans and rats, Rooibos can protect the heart in the following ways:

- Antioxidants protect against cell damage, thereby reducing inflammation
- Lowers pro-inflammatory responses and stimulates anti-inflammatory responses
- Lowers total blood cholesterol levels by 10% with a significant reduction in "bad" LDL-cholesterol levels, while increasing "good" HDL-cholesterol
- Suppresses the angiotensin-converting enzyme (ACE), which is responsible for increased blood pressure
- Reduces cortisol production and counteracts chronic stress and anxiety. Stress, anxiety, and depression contribute to heart disease and heighten the risk of it
- Decreases blood glucose levels and increases glucose uptake into heart muscle cells



星巴克日本推出路易博士饮料



9月7日，日本星巴克在日本的部分门店推出了两种新的茶口味：桃子宁静和庄严的印度乌龙。此外，他们还在菜单上增加了两种结合了两种茶的限时饮品：桃子和庄严的印度茶。

磅礴的印度茶乌龙将乌龙茶、马黛茶和路易博士茶混合在一起，然后加入肉桂和黑胡椒等传统印度香料。这款大胆的组合饮料加不加牛奶，味道还是很棒。

虽然这两种口味截然不同，但它们并和的口味其实很不錯——桃子宁静调和了雄伟茶乌龙的一些强烈的味道，当它被制成星冰乐时，它被鲜奶油和肉桂浇头进一步增强了味道。这款饮料里还有桃子！

Starbucks Japan Launches Rooibos Drinks



On September 7, Starbucks Japan released two new tea flavours at select stores throughout Japan: Peach Tranquillity and Majestic Chai Oolong. In addition, they've added two limited-time drinks to their menu that combine both teas: the Peach and Majestic Chai Tea and the Peach and Majestic Chai Tea Frappuccino.

The Majestic Chai Oolong combines oolong, mate, and Rooibos teas that are then spiced with traditional chai spices like cinnamon and black pepper. This bold mix would taste great with or without milk.

Though the two flavours contrast starkly, they actually taste pretty good together — Peach Tranquillity mellows out some of the stronger notes of the Majestic Chai Oolong, and when it's made into Frappuccino form, it's further enhanced by whipped cream and cinnamon toppings. The drink also has actual peaches in it!

南非庆祝路易博士日

1月16日，南非庆祝全国路易博士日。来自全国各地的人们享受着不同类型的路易博士鸡尾酒，并以路易博士为中心进行各种活动。祝所有南非人和我们的外国朋友路易博士节快乐！

South Africa Celebrates National Rooibos Day

On the 16th of January, South Africa celebrated National Rooibos Day. People from around the country enjoyed different types of Rooibos cocktails and engaged in various activities centered around Rooibos. Happy Rooibos Day to all South Africans and our foreign friends!

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我们祝愿每个人都过一个美好的中国新年。我们Rooibos有限公司愿您在兔年实现您的梦想！

Click here to visit our website for more information

We wish everyone a wonderful Chinese New Year. We at Rooibos Ltd wish you the best in fulfilling your visions in the year of the Rabbit!

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